

Estimating Treatment Effects in Cluster Randomized Trials by Calibrating Covariate Imbalances between Clusters

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Individualizing Health



Source: <http://www.diabetesdaily.com/voices/2014/07/why-one-size-fits-all-doesnt-work-in-diabetes>

Evaluation of individualized intervention

- 1 Scientific question:** To what extent has the individualized rule improved health outcomes for the **entire** population? (Policy makers may care more than clinicians)
- 2 Statistical question:** How to estimate the overall effect *consistently* and *efficiently*?

Wu, Frangakis, Louis, Scharfstein (2014). Estimating Treatment Effects in Cluster Randomized Trials by Calibrating Covariate Imbalances between Clusters. *Biometrics*. doi: 10.1111/biom.12214.

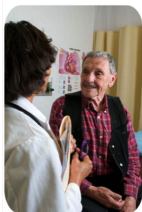
R package: <http://github.com/zhenkewu/mpcr>

Example: Guided Care study

Background: specially trained nurses to help deliver patient-centered care



Online course and certificate for specially trained nurses



Study website: <http://www.guidedcare.org/>

Nurse training courses: <https://www.ijhn-education.org/content/guided-care-nursing>

How data is collected?

Matched-pair cluster randomized (MPCR) design—rationale

- 1 Sometimes, investigators are only able to intervene on clusters of individuals, e.g., a nurse for each clinical practice

1. Cornfield J (1978)
2. Gail et al. (1992)
3. Moulton L (2004)
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- 2 To recoup the resulting efficiency loss¹, some studies pair similar clusters and randomize treatments within pairs^{2,3}
- 3 The use of pre-treatment variables that affect the outcome can improve estimation efficiency⁴

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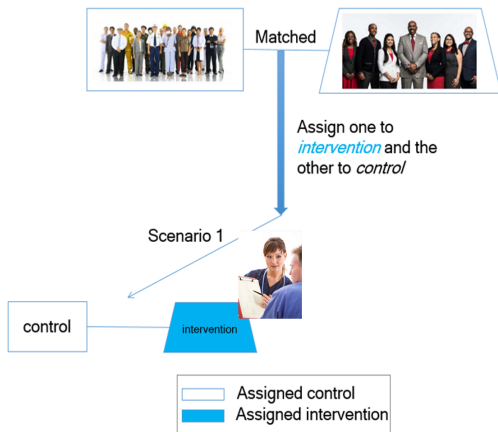
Matched-pair cluster randomized (MPCR) design

One pair



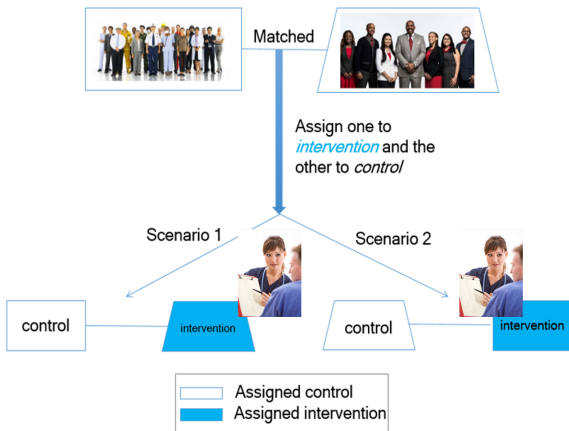
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Matched-pair cluster randomized (MPCR) design

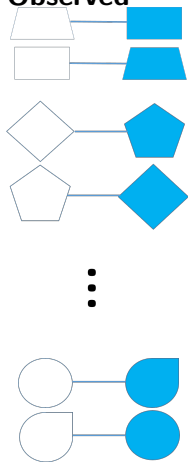
One pair



MPCR design

Example: Guided Care study⁵

Observed

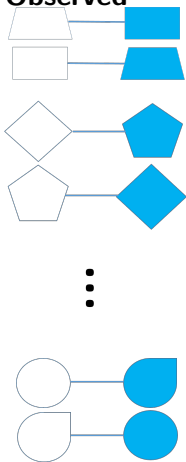


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MPCR design

Example: Guided Care study⁵

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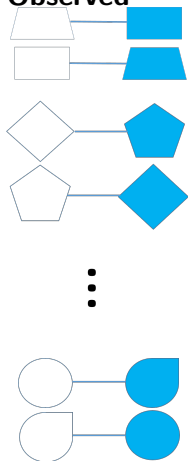
- **Intervention:** assignment of specially trained nurses to coordinate patient-centered care
- 14 teams of clinical practices matched into 7 pairs
- **Covariates:** hierarchical condition category (hcc), age, race, gender, education, livesalone, etc.
- **Primary outcome:** physical component summary in Short-Form 36 (SF-36) Version 2

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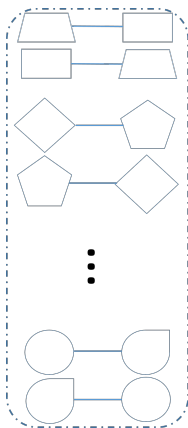
MPCR design

Goal

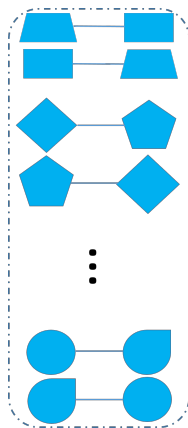
Observed



If all are assigned control



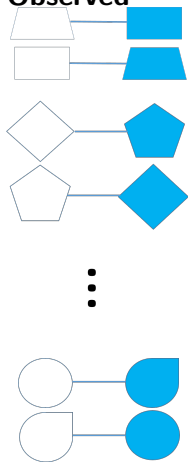
if all are assigned intervention



MPCR design

Goal

Observed

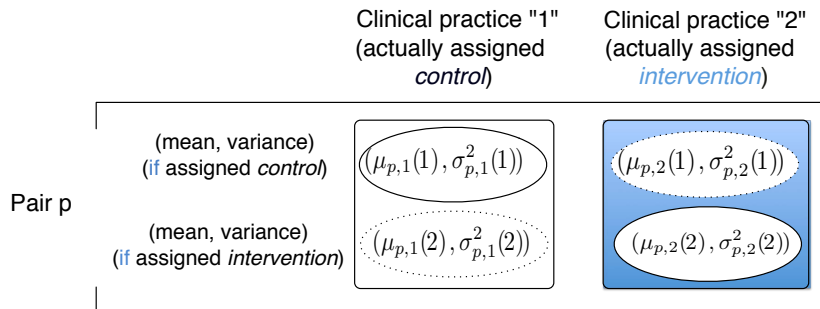


Goal: To estimate the average outcome if all clusters in all pairs are assigned control (1) versus if all clusters in all pairs are assigned to intervention (2):

$$\delta^{\text{effect}} = \mu(1) - \mu(2)$$

Understanding the observed data from MPCR design

Type 1



Understanding the observed data from MPCR design

Type 1 and Type 2

Clinical practice "1"
(actually assigned
control)

Clinical practice "2"
(actually assigned
intervention)

Pair p

(mean, variance)
(if assigned *control*)

$$(\mu_{p,1}(1), \sigma_{p,1}^2(1))$$

$$(\mu_{p,2}(1), \sigma_{p,2}^2(1))$$

(mean, variance)
(if assigned *intervention*)

$$(\mu_{p,1}(2), \sigma_{p,1}^2(2))$$

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Pair p'

(mean, variance)
(if assigned *control*)

$$(\mu_{p',1}(1), \sigma_{p',1}^2(1))$$

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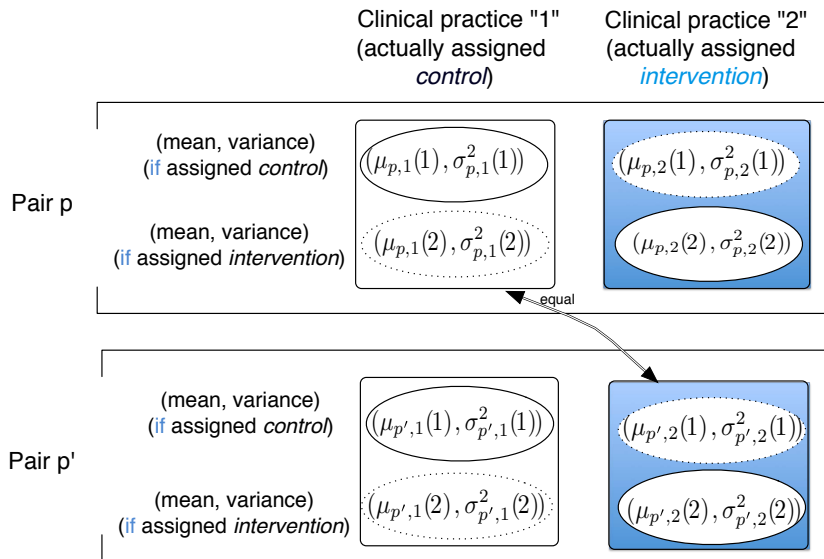
(mean, variance)
(if assigned *intervention*)

$$(\mu_{p',1}(2), \sigma_{p',1}^2(2))$$

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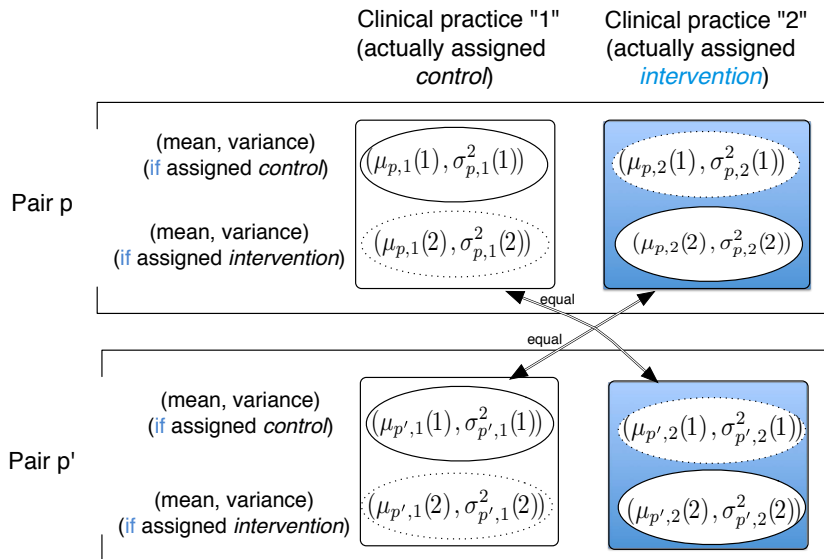
Understanding the observed data from MPCR design

Two types share the same characteristics

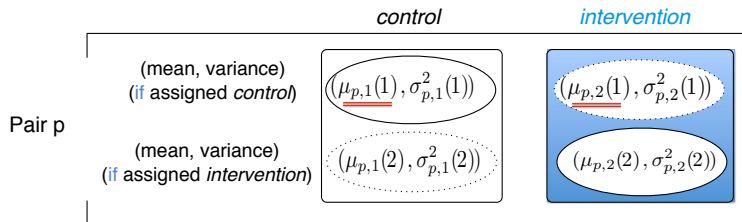


Understanding the observed data from MPCR design

Each type is sampled with probability $\frac{1}{2}$ (design-based)



The right target

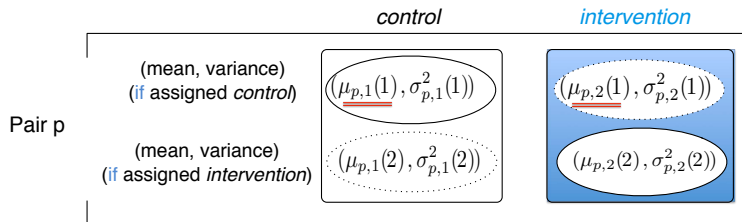


- If all patients are assigned with intervention t ,

$$\mu_p(t) = \mu_{p,1}(t)\pi_{p,1} + \mu_{p,2}(t)\pi_{p,2},$$

where $\pi_{p,1}$ is the fraction of patients served by the first clinic;
 $\pi_{p,2} = 1 - \pi_{p,1}$.

The right target



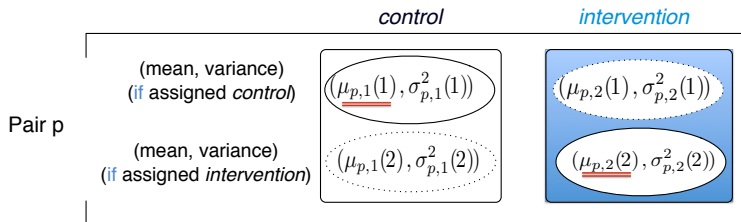
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- Averaging over a population of pairs, $\mu(1) = \mathbb{E} \{ \mu_p(1) \}$,
 $\mu(2) = \mathbb{E} \{ \mu_p(2) \}$, $\delta^{\text{effect}} = \mu(1) - \mu(2)$.

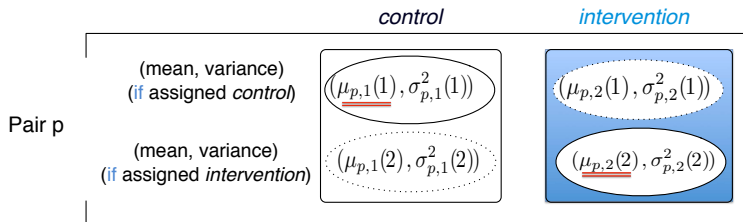
Directly estimable contrasts



- Direct difference between observed means

$$\hat{\delta}_p^{\text{crude}} = \hat{\mu}_{p,1}(1) - \hat{\mu}_{p,2}(2),$$

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$$\hat{\delta}_p^{\text{crude}} = \hat{\mu}_{p,1}(1) - \hat{\mu}_{p,2}(2),$$

with $[\hat{\delta}_p^{\text{crude}} \mid \delta_p^{\text{crude}}, v_p^{2,\text{crude}}]$ approximately normal

Only based on the following equality

$$\underline{\mathbb{E} \left(\delta_p^{\text{crude}} \right) = \delta^{\text{effect}},}$$

without assumptions on $[\delta_p^{\text{crude}}, v_p^{2,\text{crude}}]$.

Methods for effect estimation under MPCR design

First-level only

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$$\underline{\mathbb{E} \left(\delta_p^{\text{crude}} \right) = \delta^{\text{effect}},}$$

without assumptions on $[\delta_p^{\text{crude}}, v_p^{2,\text{crude}}]$.

Example: Average of $\hat{\delta}_p^{\text{crude}}$ or other weighted extensions⁴

Methods for effect estimation under MPCR design

With a hierarchical second-level (meta-analysis)

- Directly models observed outcomes, using two-level model⁶

$$\hat{\delta}_p^{\text{crude}} \mid \delta_p^{\text{crude}}, v_p^{2,\text{crude}} \sim \text{Normal} \left(\delta_p^{\text{crude}}, v_p^{2,\text{crude}} \right),$$

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- **Question:** an implicit assumption in the second level ?

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- Can lead to inconsistent effect estimator if not true!

▶ Example of inconsistent estimation

Another practical problem: covariate imbalance despite matching

Data from the Guided Care study

	pair						
	1	2	3	4	5	6	7
age at interview ^(a)	0.3	-0.3	0.1	0.6	0.0	0.1	-0.1
Chronic Illness Burden ^(a)	0.5	-0.6	0.0	0.0	-1.1	0.1	0.6
SF36 Mental ^(a)	-0.3	0.1	0.3	0.2	0.3	-0.6	-0.5
SF36 Physical ^(a)	-0.1	-0.4	0.1	0.5	0.4	-0.6	-0.3

Standardized differences of several continuous covariates between two clusters within each of 7 pairs.

- **Bias consideration:** If a hierarchical second level is used, to make the following more plausible:

$$\delta_p^{\text{crude}} \perp\!\!\!\perp v_p^{2,\text{crude}} \mid X, \tau^2$$

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- **Efficiency consideration:** To decrease residual variance by conditional on important covariates that affect outcomes

Methods to handle covariate imbalance

Existing approaches

- 1 Interpretation of treatment effect conditional on covariates⁶
- 2 Normal assumption on individual level: does not necessarily hold; interpretation of treatment effect conditional on cluster-specific random effects, thus treatment effect require a model to be estimable^{7,8}

7. Feng et al. (2001)

8. Hill J. and Scott M. (2009)

Covariate-calibrated estimation

1 Combine covariate distribution, and 2 re-weight outcome regression

1 Stratify the average outcome by covariate

75% Female, n=100



85% Female, n=200



Combined covariate distribution $P(x=F)$

$$75\% \frac{1}{3} + 85\% \frac{2}{3} = 82\%$$

Covariate-calibrated estimation

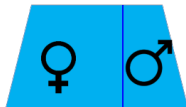
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2 Re-calibrating the stratified means with respect to the covariate distribution of the two clusters combined, for example, for the control arm $t = 1$,

$$\begin{aligned}\mu_{p,c=1}^{\text{calibr}} &= \int_x \mu_{p,c=1}(x; t = 1) dG_p(x), \\ &= 82\% \cdot \mu_{p,c=1}(x = F; t = 1) \\ &\quad + 18\% \cdot \mu_{p,c=1}(x = M; t = 1).\end{aligned}$$

Uncalibrated vs calibrated analysis

Reduced variances

	pair p						
	1	2	3	4	5	6	7
sample size							
$n_{p,c=1}$	17	16	42	23	52	23	28
$n_{p,c=2}$	38	44	43	33	42	31	43
outcome							
	uncalibrated on covariates						
$\hat{\mu}_{p,1}(1)$	36.4	36.5	39.6	39.1	39.7	33.8	39.6
$\hat{\mu}_{p,2}(2)$	37.3	36.6	39.3	35.3	35.2	36.4	40.9
$\hat{\delta}_p^{\text{crude}}$	-0.8	-0.1	0.3	3.8	4.5	-2.6	-1.3
$(v_p^{\text{crude}})^{1/2}$	2.7	2.6	2.0	2.7	2.1	2.6	2.2
	calibrated on covariates						
* $\hat{\mu}_{p,1}^{\text{calibr}}$	37.6	38.8	39.5	38.0	38.7	35.5	40.9
* $\hat{\mu}_{p,2}^{\text{calibr}}$	36.7	35.8	39.4	36.0	36.4	35.1	40.0
$\hat{\delta}_p^{\text{calibr}}$	0.9	3.0	0.1	1.9	2.3	0.5	0.8
† $(v_p^{\text{calibr}})^{1/2}$	2.1	2.4	1.5	2.0	1.7	2.2	1.7

Analysis of Guided Care data

Table: Results from MLE, profile MLE, Bayes estimates and permutation test in the Guided Care study. The outcome is the physical component summary of the Short Form 36 (SF36).

		$\hat{\delta}^{\text{effect}}$	95% C.I.	s.e. ($\hat{\delta}^{\text{effect}}$)	$\widehat{\text{var}}(\delta_p^*)$	p-value (two-sided)
uncalibrated on covariates	<i>1st level</i>					
	MLE	0.5	(-1.4, 2.5)	1.0	–	0.59
	permutation	–	–	–	–	0.61
	<i>1st+2nd level</i>					
	MLE	0.6	(-1.2, 2.5)	0.9	0.7	0.50
	pMLE	0.6	(-1.5, 2.7)	–	0.7	–
	Bayes	0.6	(-1.7, 3.0)	1.2	4.3	0.60
permutation	–	–	–	–	0.60	
calibrated on covariates	<i>1st level</i>					
	MLE	1.4	(0.5, 2.2)	0.4	–	<0.01
	permutation	–	–	–	–	0.02
	<i>1st+2nd level</i>					
	MLE	1.2	(-0.2, 2.6)	0.7	0.0	0.08
	pMLE	1.2	(-0.2, 2.6)	–	0.0	–
	Bayes	1.3	(-0.4, 2.9)	0.9	1.5	0.13
permutation	–	–	–	–	0.02	

*: represents δ_p^{crude} for the uncalibrated approach and δ_p^{calibr} for the calibrated approach.

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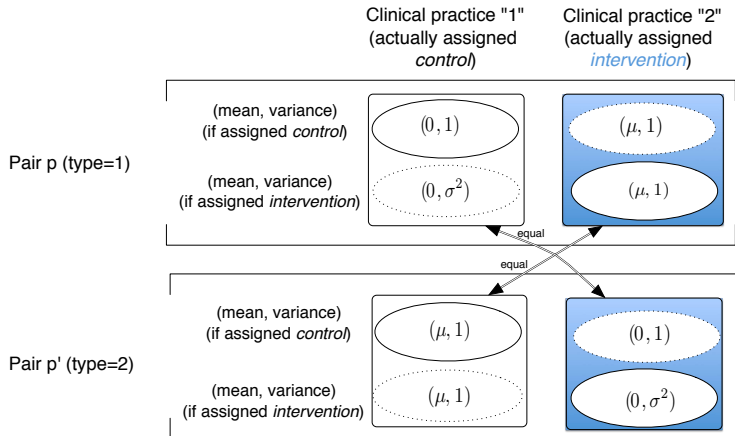
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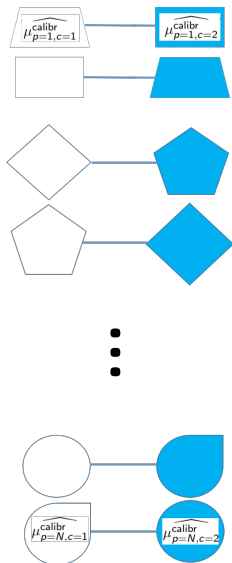
Thank you!

An example of inconsistency of meta-analytic "MLE"

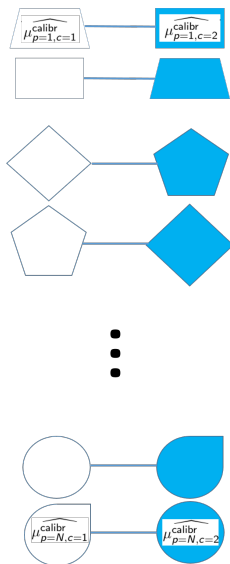
◀ Meta-analytic approach



Matched-pair cluster randomized design



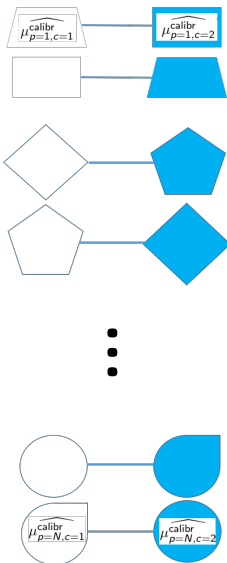
Matched-pair cluster randomized design



level 1':

$$\begin{bmatrix} \hat{\delta}_1^{\text{calibr}} \\ \vdots \\ \hat{\delta}_N^{\text{calibr}} \end{bmatrix} \mid \begin{bmatrix} \delta_1^{\text{calibr}} \\ \vdots \\ \delta_N^{\text{calibr}} \end{bmatrix}, \theta, \Sigma_{\hat{\delta}^{\text{calibr}}} \\ \sim \text{Normal} \left\{ \begin{bmatrix} \delta_1^{\text{calibr}} \\ \vdots \\ \delta_N^{\text{calibr}} \end{bmatrix}, \Sigma_{\hat{\delta}^{\text{calibr}}} \right\}$$

Matched-pair cluster randomized design



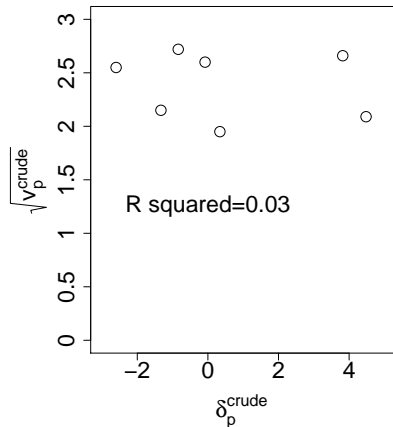
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level 2': $\delta_p^{\text{calibr}} \mid \delta^{\text{effect}}, \tau^2 \sim \text{Normal}(\delta^{\text{effect}}, \tau^2),$
 $p = 1, \dots, N.$

Checking second-level dependence

no calibration



with calibration

